



2018 Public Health Study Tour Course Outline

Program Details

ACICIS Public Health Study Tour (PHST)
Yogyakarta and Jakarta, Indonesia

Dates: 24 Nov – 9 Dec 2018

Credit Points: Recommended equivalency 25% of a full semester load (0.125 EFSTL). Actual subject weighting and academic credit awarded to be determined by a student's home university.

Mode: Off-Campus

Contact hours: **Total course time commitment: Approximately 110 hours**

Approximately 20 hours of seminars

Approximately 32 hours of independent study (seminar readings)

Approximately 28 hours of field trips

Approximately 16 hours of group discussions and presentations

Approximately 8 hours of reflective journal writing

Approximately 6 hours of language classes

www.acicis.edu.au/programs/tour/public-health-study-tour

Contact Details

Program Facilitator: Australian Consortium for 'In-Country' Indonesian Studies (ACICIS)

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Description

The Public Health Study Tour (PHST) is a two-week intensive program for public health students to gain experience in the public health sector in Indonesia. The study tour will provide an introduction to the public health challenges currently facing Indonesia, as well as existing government, international and community-led initiatives tasked with meeting these challenges. This is a unique opportunity for Australian students to hear from leading health professionals, policy-makers and community health workers in Indonesia, and to discuss approaches to health issues with Indonesian counterparts.

The two-week intensive tour is made up of a comprehensive seminar series, and a number of field visits to health care facilities and organisations in Indonesia which provide students with the opportunity to see firsthand how the public health system works in Indonesia and to understand the complex challenges it faces.

Discipline Areas

- | | | |
|---|--|---|
| <input checked="" type="checkbox"/> Public health | <input checked="" type="checkbox"/> Nursing | <input checked="" type="checkbox"/> Primary health care |
| <input checked="" type="checkbox"/> Health science | <input checked="" type="checkbox"/> Environmental health | <input checked="" type="checkbox"/> Health policy |
| <input checked="" type="checkbox"/> Occupational health | <input checked="" type="checkbox"/> Health promotion | <input checked="" type="checkbox"/> Public policy |
| <input checked="" type="checkbox"/> Epidemiology | <input checked="" type="checkbox"/> Community health | <input checked="" type="checkbox"/> Reproductive Health |

Supervision

ACICIS' programs in Indonesia operate under the direction of the ACICIS Resident Director, Dr Adrian Budiman.

A Tour Leader will be assigned for the duration of the PHST to provide academic supervision of the tour. Alongside Tour Leader there will be a Tour Assistant, who will serve as the primary liaison assisting with the planning of the tour. ACICIS staff will provide comprehensive in-country pastoral support services for students during their time in Indonesia.

Structure and Schedule of Learning Activities

The structure of the two-week study tour is as follows:

- One week of seminars and field trips in Yogyakarta, including one day of concluding discussions and group presentations;
- One week of seminars and field trips in Jakarta, in collaboration with Universitas Indonesia (UI), DFAT, Development agencies and including one day of concluding discussions and group presentations.

Please see [Appendix I](#) for more details on the tour itinerary.

Educational Principles and Graduate Attributes

Throughout the PHST, students are supported to:

- Develop an understanding of the nature of public health issues in Indonesia;
- Develop an understanding of the social determinants of health as well as the Indonesian political, economic, and environmental context;
- Develop an understanding of primary health care practice in the Asia-Pacific region;
- Build networks with community-based NGOs, public and private service delivery agencies and other key stakeholders in the public health sector in Indonesia; and
- Broaden knowledge about health promotion in rural and urban settings;
- Build academic skills and an appreciation of the "real life" challenges in actual public health settings; and
- Enrich their understanding of intercultural management and Indonesian organisational culture in the context of public health.

Learning Outcomes

Students who complete the PHST successfully will be able to:

- Identify the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia;
- Demonstrate knowledge of the implications of social determinants on access to and use of Indonesia's public health system;
- Identify key public health issues and their related sub-issues;
- Demonstrate an understanding of effective public health and health promotion, planning, implementation and evaluation;
- Demonstrate an ethical sense of social responsibility; and
- Demonstrate effective inter-cultural communication skills in a different cultural setting.

Assessment Mechanism

The following components are used to inform the PHST Tour Leader's student evaluation report. Students are required to complete all components satisfactorily in order to achieve an overall grade of 'Satisfactory' for the tour.

#	Component	Dates	Weighting	Notes
1	Seminar Series	25 Nov - 8 Dec	30%	Attendance at, and participation in, all seminar series organised by ACICIS is expected. Evidence of familiarity with set readings will be assessed through seminar participation.
2	Field Trips & Cultural Activities	25 Nov - 8 Dec	25%	Attendance at, and participation in, all field trips and cultural activities organised by ACICIS is expected.
3	Discussion & Presentation	1 & 8 Dec	25%	Students to discuss national health issues with Indonesian undergraduate public health students and deliver two group presentations to fellow students and staff.
4	Reflective Journal	16 Nov, 3 Dec & 14 Dec	20%	Three reflective journal entries to be submitted to the PHST Leader at the start of the tour, mid-tour & at the end of the tour. Evidence of familiarity with set readings will be assessed through reflective journal writing.

Component Details

1. Seminar Series (20 hours)

The Seminar Series of the PHST consists of ten seminars: one introductory seminar on Indonesian culture, politics, and society, and nine seminars on public health topics. The seminars will be delivered by government representatives, academics, and NGO representatives. Participants must demonstrate adequate preparation through informed contributions to discussions and activities in order to pass this component of the program. Lively discussion groups and Q&A sessions will be a key aspect of these sessions. Students must attend and participate actively in a minimum of 80% of all scheduled seminars. Please see [Appendix II](#) for more details about this component of the tour.

2. Field Trips (32 hours)

Participants will also undertake numerous field visits to health care facilities in Indonesia. Students will meet with workers in the health system as well as communities to observe current public health responses. In order to enrich their knowledge about government and non-government programs, participants will observe on-site projects in vulnerable communities. Participants will also observe the social determinants of health and well-being in the rural areas of Indonesia through visits and interaction with the local community. Please see [Appendix II](#) for more details about this component of the tour.

3. Group Discussions & Presentations (16 hours)

In Yogyakarta, participants will discuss, observe and interview local community members and health care workers, and will deliver a presentation on an aspect of a public health issue encountered in the community, as well as offer recommendations regarding future measures that could be adopted in order to overcome the issue. At Universitas Indonesia (UI), Jakarta, participants will collaborate with Indonesian undergraduate students and discuss in groups the national and urban health challenges in Indonesia. Groups will then deliver a presentation on a particular public health topic. Please see [Appendix III](#) for more details about this component of the tour.

4. Reflective Journal (8 hours)

The purpose of the reflective journal is to encourage critical thinking and reflection from students on their theoretical and vocational learning while on the PHST. The reflective journal should also demonstrate evidence of a student's understanding of the set readings and ability to relate these readings to their daily experiences on the tour.

To complete the reflective journal, students are required to:

- Complete a number of required readings;
- Complete three reflective journal entries detailing observations, challenges, learning experiences and outcomes of activities undertaken or experienced on the tour; and
- Reference and reflect on set readings.

Students are encouraged to use the reflective journal to record and elaborate on the significant issues encountered, including observations, challenges, learning experiences, or unexpected outcomes.

Comprehensive journal entries are to be submitted to the PHST Tour Leader at the beginning of the tour, mid-way through the tour, and at the end of the tour.

Please see [Appendix IV](#) for more details about this component of the tour.

Award of Grade for the unit

Both the student and the student's home university will receive a copy of the PHST Tour Leader's student academic evaluation report. This assessment document will be sent electronically (or by post if requested) from the ACICIS Secretariat in Perth within six weeks of a student's completion of the tour. The home university may choose to award a grade or an ungraded pass/fail on the basis of this document and any additional home university assessment requirements for the tour.

Reading List

Introduction to Indonesia

Asialink and PricewaterhouseCoopers 2015, *Country Starter Pack: Indonesia* [cited 2018 Jan 10]. Available from: <https://asialinkbusiness.com.au/research-resources/indonesia-country-starter-pack>

McKinsey Global Institute 2012, *The Archipelago Economy: Unleashing Indonesia's Potential* [cited 2018 Jan 10]. Available from: http://www.mckinsey.com/insights/asia-pacific/the_archipelago_economy

Pisani, E 2014, *Indonesia Etc.* Jakarta: Lontar Press; Chapter 1.

Vickers, A 2013, *A History of Modern Indonesia*. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.

Health System, Policy and Management in Indonesia

Heywood, P. & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' *BMC International Health and Human Rights*, vol. 10, no. 3 [cited 2018 June 04]. Available from: <http://bmcinthealthumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3>

Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' *Asia Pacific Observatory on Health Systems and Policies*, vol. 7, no. 1. [cited 2018 June 04]. Available from <http://www.who.int/iris/handle/10665/254716>

Nazri, C, Yamazaki, C, Kameo, S, et al 2015, 'Factors influencing mother's participation in Posyandu for improving nutritional status of children under-five in Aceh Utara district, Aceh province, Indonesia.' *BMC Public Health* [cited 2018 Jan 10]. Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4724156/pdf/12889_2016_Article_2732.pdf

Rokx, C, Schieber, G, Harimurti, P, Tandon, A, & Somanathan, A 2009, 'Health Financing in Indonesia: A Reform Road Map.' *World Bank* [cited 2018 June 04]. Available from: <https://openknowledge.worldbank.org/handle/10986/2710>

Ministry of Health of the Republic of Indonesia 2016. Indonesia Health Profile 2015 [cited 2018 June 04]. Available from: <http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/indonesian%20health%20profile%202015.pdf>

Non- Communicable diseases and Communicable diseases

Krishnan, A, Ekowati, R, Baridalyne, N, et al 2011, 'Evaluation of community-based interventions for non-communicable diseases: experiences from India and Indonesia.' *Health Promot International*, vol. 26, no. 3, pp: 276-289.

Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' *ScienceDirect: Preventative Medicine*, vol. 47.

Ministry of Health Republic of Indonesia 2011. IBBS 2011 - Integrated Biological and Behavioral Survey [cited 2018 June 04]. Available from: <http://www.aidsdatahub.org/ibbs-2011-integrated-biological-and-behavioral-survey-ministry-of-health-republic-of-indonesia>

Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of

community led Tuberculosis program in Flores, Indonesia.' *BMC Public Health*, vol. 16

Tri Wibawa and Tri Baskoro Tunggal Satoto, "Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era." *Journal of Tropical Medicine*, vol. 2016, Article ID 5716785. 9 pages, 2016. <https://doi.org/10.1155/2016/5716785>.

Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study'. *International Journal of Health Geographics*, vol. 15, no. 13.

Wijayanti, S, Sunaryo, S, Suprihatin, S, McFarlane, M, Rainey, S, Dietrich, et al 2016, 'Dengue in Java, Indonesia: Relevance of Mosquito Indices as Risk Predictors.' *PLoS Negl Trop Dis*, vol. 10, no. 3.

Karyanti, M, Uiterwaal, C, Kusraistuti, R, et al 2014, 'The changing incidence of Dengue Haemorrhagic Fever in Indonesia: a 45-year registry-based analysis.' *BMC Infectious Diseases*, vol. 14.

Sexual and Reproductive Health

Astuti, D, Hidayat, A, Humaira, R, Widyastari, D, & Sinaga, D 2017, 'Accessibility to Media and Its Relation to Stigmatization toward Lesbian-Gay-Bisexual and Transgender (LGBT) Individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' *Journal of Health Research*, vol. 31, no 4, pp: 263-269.

Budiharsana, M 2017, 'Contraceptive Services Available to Unmarried Sexually Active Adolescents.' *Makara Journal of Health Research*, vol. 21, no. 2.

Surjadjaja, C, & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' *Health Policy and Planning*, vol. 26, no. 5, pp: 373-384.

The Government of Indonesia 2017, *Family Planning 2020 Commitment* [cited 2018 June 04]. Available from: <http://www.familyplanning2020.org/entities/59>

Nutrition and Food Safety

Torlesse, H, Cronin, A, Sebayang, S, & Nandy, R 2016, 'Determinants of stunting in Indonesian children: evidence from a cross-sectional survey indicate a prominent role for the water, sanitation and hygiene sector in stunting reduction.' *BMC Public Health*, vol. 16.

A.M.Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia. *Epidemiol Infect* 2004;132:863-72.

Shrimpton, R, & Rokx, C 2013, 'The double burden of malnutrition in Indonesia.' *World Bank Jakarta*

Health Promotions in Schools

UNICEF 2013, *Water, Sanitation and Hygiene in Primary Schools in South-East Asian Countries* [cited 2018 Jan 10]. Country Profile: Republic of Indonesia. p. 43-47. Available from: http://www.unicef.org/eapro/WashinSchools_Edu_24Dec13.pdf

Environmental Health

Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' *Water science and technology: a journal of the International Association on Water Pollution Research*, vol. 45, no. 11, pp 71-76.

Indraswara, H 2009, 'Water woes.' *Inside Indonesia* [cited 2018 Jan 10]. Available from: <http://www.insideindonesia.org/water-woes>

Websites

WHO	www.who.int/gho/countries/idn/country_profiles/en/
UNICEF	www.unicef.org/indonesia
UNFPA	indonesia.unfpa.org
Indonesian Ministry of Health	www.depkes.go.id
Australia Indonesia Partnership for Health System Strengthening (AIPHSS)	aiphss.org
WFP	www.wfp.org/countries/indonesia
National AIDS commission	www.aidsindonesia.or.id
Jakarta government website	www.jakarta.go.id/english
International Food Policy Research Institute	www.ifpri.org/country/indonesia
Women Deliver	www.womendeliver.org
UNDP Indonesia	www.id.undp.org

Journal Name	Domain
Cancer Epidemiology, Biomarkers & Prevention	Chronic Diseases & Conditions; Epidemiology
Infection Control and Hospital Epidemiology	Communicable Diseases ; Epidemiology
Environmental Health Perspectives	Environmental Health
Journal of Toxicology and Environmental Health Part B: Critical Reviews	Environmental Health
Environmental Research	Environmental Health
International Journal of Hygiene and Environmental Health	Environmental Health
Environmental Health: A Global Access Science Source	Environmental Health
Scandinavian Journal of Work, Environment & Health	Environmental Health ; Occupational Health
International Journal of Epidemiology	Epidemiology
Epidemiologic Reviews	Epidemiology
Epidemiology	Epidemiology
European Journal of Epidemiology	Epidemiology
American Journal of Epidemiology	Epidemiology
Journal of Clinical Epidemiology	Epidemiology
Journal of Epidemiology & Community Health	Epidemiology ; Community Health ; General Public Health
Annual Review of Public Health	General Public Health
American Journal of Public Health	General Public Health
American Journal of Preventive Medicine	General Public Health
BMC Public Health	General Public Health
Lancet Global Health, The	Global Health
Bulletin of the World Health Organization	Global Health ; General Public Health
Health Expectations	Health Services Administration
Health Promotion International	Health Promotion
Journal of Adolescent Health	Maternal & Child Health
Tobacco Control	Social and Behavioural Sciences
Nicotine & Tobacco Research	Social and Behavioural Sciences

Appendices

Appendix I: PHST Itinerary 2018 (Yogyakarta-Jakarta)

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
1	Sat, 24/11	13.00-15.00	Students arrive and check in at hotel		Prime Plaza Hotel meeting room	ACICIS
		15.00-16.00	Orientation Session 1	Welcome, staff introductions, program overview		
		16.00-17.00	Orientation Session 2	Understanding the Public Health Study Tour		
		17.00-18.00	Free time			
		18.00-19.30	Welcome Dinner	Cultural performance		
		2	Sun, 25/11	09.30-10.00		
10.00-11.15	Orientation Session 3	Health and Security Briefing				
11.15-11.30	Coffee Break					
11.30-12.15	Orientation Session 4	Introduction to Yogyakarta, Jakarta, Depok				
12.15-13.00	Lunch					
13.00-13.45	Seminar A: Introduction to Indonesia	Indonesian Modern History, Culture, Politics and Society				
13.45 onwards	Cultural Field Trip	Prambanan Temple	Prambanan Temple			
3	Mon, 26/11	07.45-08.00	Meet at the hotel lobby and travel to language class		Hotel lobby	ACICIS
		08.00-10.00	'Indonesian Survival' intensive language class I	Greetings, introductions, numbers, names, food	Universitas Sanata Dharma Language Centre	Universitas Sanata Dharma Language Centre
		10.00-10.30	Coffee break			
		10.30-12.30	'Indonesian Survival' intensive language class II	Weather, directions, getting around, family members, basic conversation topics.		
		12.30-13.30	Lunch			
		13.30-15.30	'Indonesian Survival' intensive language class III	Indonesian for Public Health purposes		
		15.30 onwards	Free time/independent study			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	
4	Tue, 27/11	10.30-11.30	Seminar B: General Overview of Indonesian Public Health System	Health systems in Indonesia	Meeting room (hotel)	Universitas Indonesia (UI)	
		11.30-11.45	Coffee break				
		11.45-12.30	Small group discussions				
		12.30-14.00	Travel and lunch at Kali Code			Kali Code community	ACICIS
		14.00-16.30	Field Visit 1: Kali Code Walking Tour.	Water and sanitation management and health challenges in a riverside community			
		16.30 onwards	Travel to hotel and free time/ independent study				
		5	Wed, 28/11	08.45-09.30	Meet at the hotel lobby and travel to site visit		
09.30-11.30	Field Visit 2: Group A World Mosquito Program Site Visit Group B Disabilities and Mental Health Rehabilitation Centre	World Mosquito Program site visit, the impact of the project	World Mosquito Program	Yakkum Rehabilitation Centre			
11.30-12.00	Travel to De Kendhil						
12.00-13.00	Lunch at De Kendhil and travel to field visit site						
13.00-13.30	Seminar C: DHF and Malaria	a. DHF and Malaria prevention and response	Meeting room Prime Plaza Hotel	UI			
13.30-14.00	Seminar D: Disaster Management in Indonesia						
14.00-14.15	Coffee Break						
14.15-15.00	Discussion						
15.00 onwards	Free time/independent study						

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	
6	Thu, 29/11	08.00-09.00	Meet at the hotel lobby and travel to Site 3a			ACICIS	
		09.00-10.30	Field Visit 3a: Puskesmas (Community Health Centre)	Opening, Observing Puskesmas and interacting with health practitioners and patients, observing their function particularly in health prevention and promotion activities.	Puskesmas	UI	
		10.30-10.45	Travel to Site 3b				
		10.45-12.30	Field Visit 3b: Posyandu	Maternal and child health in rural area	Posyandu		
		12.30-13.30	Travel back to Site 3a and lunch				
		13.30-14.15	Small group discussion				
		14.15-14.30	Closing				
		14.30-15.30	Travel to hotel				ACICIS
		15.30-onwards	Free time				
		17.00 onwards	Free time/independent study				
7	Fri, 30/11	08.15-09.00	Meet at the hotel lobby and travel to site visit			ACICIS/NGO Representatives	
		09.00-11.00	Group A	Visit to Yakkum Rehabilitation Centre	Yakkum Rehabilitation Centre		
			Group B	World Mosquito Program site visit, the impact of the project	World Mosquito Program		
		11.00-11.30	Travel to Hotel				
		12.00-13.00	Lunch and free time				
		13.00-14.30	Seminar E Abortion, Gender Based Violence and LGBTQ issues	Abortion, Gender Based Violence and LGBTQ issues	Prime Plaza Hotel meeting room		
		14.30-14.45	Coffee Break				
		14.45-15.30	Discussion				
		15.30 onwards	Free time				

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
8	Sat, 1/12	10.00-13.00	Final student presentations and future recommendations	Divided into small groups, presentations to reflect Indonesian health challenges and recommendations	Prime Plaza Hotel meeting room	ACICIS
		13.00 onwards	Free time/independent study			
9	Sun, 2/12	All day until 09.45/ 11.45	Free time and check-out from hotel	Divided into two travel groups	Yogyakarta	ACICIS
		09.45-11.15/ 11.45-13.15	Travel to airport and check-in flight			
		12:10-15:00/ 14:15-17:00	Flight to Jakarta, check-in at hotel in Depok		Jakarta	
		17:00 onwards	Free time/independent study		The Margo Hotel	
10	Mon, 3/12	9.45-10.30	Meet at downstairs lobby and travel to UI			ACICIS
		10.30-11.00	Opening ceremony at Universitas Indonesia	Introduction to Jakarta and Depok	Universitas Indonesia (UI)	
		11.00-12.15	Campus Tour		UI	UI & ACICIS
		12.15-13.00	Lunch			
		13.00-14.30	Seminar F: Indonesia Health Development Overview	a. Public Health Challenges in Indonesia and Role of Stakeholders b. Roles of Non State Actors in the Decentralised Setting c. UNFPA Perspective on Population Development in Indonesia		
		14.30-14.45	Coffee Break			
		14.45-15.30	Discussion			
15.30-onwards	Free time/independent study					

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
11	Tue, 4/12	09.00-09.45	Meet at downstairs lobby and travel to UI		UI	UI & ACICIS
		09.30-11.00	Seminar G: Sexual and Reproductive Health	a. Reproductive Health and Family Planning Policy b. Contraceptive Services Available to Unmarried Sexually Active Adolescent		
		11.00-11.15	Coffee Break			
		11.15-12.00	Discussion			
		12.00-13.00	Lunch Break			
		13.00-onwards	Free Time / Optional Field Trip	Taman Mini		
		12	Wed, 5/12	07.30-08.45	Meet at main lobby and travel to field visit site	
08.45-11.45	Field Visit 5: Health Related Primary Care					
11.45-12.30	Lunch					
12.30-onwards	Free Time / Optional Field Trip			Bogor Botanical Garden		
13	Thu, 6/12	09.00-09.30	Meet at downstairs lobby and travel to UI		UI	UI & ACICIS
		09.30-10.30	Seminar H: Nutrition	Stunting Food Safety Challenges		
		10.30-10.45	Coffee break 5			
		10.45-11.30	Discussion			
		11.30-12.30	Lunch and travel to field visit site		Public Hospital	
		12.30-16.30	Field Visit 6: Public Hospital	Secondary and Tertiary care		
		16.30-onwards	Travel to hotel and free time/ independent study			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
14	Fri, 7/12	07.45-08.30	Meet at downstairs lobby and travel to UI			UI & ACICIS
		08.30-09.30	Seminar I: Communicable Diseases	a. HIV/AIDS and Tuberculosis b. Waterborne Diseases	UI	UI
		09.30-10.15	Discussion			
		10.15-10.30	Coffee break			
		10.30-11.30	Seminar J: Non-Communicable Diseases	a. Tobacco and Youth in Indonesia b. Non communicable diseases in Indonesia		
		11.30-12.15	Discussion			
		12.15-13.00	Lunch			
		14.30-15.15	Presentation preparation with FPH UI students	Presentation preparation with FPH UI students		
15	Sat, 8/12	15.15-onwards	Travel to hotel and free time			
		09.00-09.30	Travel to hotel and free time			UI & ACICIS
		09.30-13.30	Final Student Presentations with UI Faculty of Health students	Divided into small groups, presentations to reflect Indonesian health challenges and recommendations	UI	ACICIS
		13.30-14.30	Lunch and closing ceremony in UI			
		14.30-17.45	Travel to hotel and free time			
18.00-20.30	ACICIS farewell dinner		The Margo Hotel			
16	Sun, 9/12	End of Tour/ Student Depart				

Appendix II: PHST Seminar Series and Fieldtrips

Activity	Topic	Objective/ Learning outcome	Readings
Seminar A: Introduction to Indonesia	Indonesian modern history, culture, politics and society	☒ Develop an understanding of Indonesian modern history, culture, politics and society.	<p><i>Required:</i> Asialink and PricewaterhouseCoopers 2015, <i>Country Starter Pack: Indonesia</i> [cited 2018 Jan 10]. Available from: https://asialinkbusiness.com.au/research-resources/indonesia-country-starter-pack</p> <p>Vickers, A 2013, <i>A History of Modern Indonesia</i>. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.</p> <p>Pisani, E 2014, <i>Indonesia Etc.</i> Jakarta: Lontar Press; Chapter 1.</p> <p><i>Optional:</i> McKinsey Global Institute 2012, <i>The Archipelago Economy: Unleashing Indonesia's Potential</i> [cited 2018 Jan 10]. Available from: http://www.mckinsey.com/insights/asia-pacific/the_archipelago_economy</p>
Seminar B: General Overview of the Indonesian Public Health System	Health system in Indonesia	☒ Develop an understanding of the Indonesian public health system.	<p><i>Required:</i> Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' <i>Asia Pacific Observatory on Health Systems and Policies</i>, vol. 7, no. 1. [cited 2018 June 04]. Available from http://www.who.int/iris/handle/10665/254716</p> <p><i>Optional:</i> Rokx, C, Schieber, G, Harimurti, P, Tandon, A, & Somanathan, A 2009, 'Health Financing in Indonesia: A Reform Road Map.' <i>World Bank</i> [cited 2018 June 04]. Available from: https://openknowledge.worldbank.org/handle/10986/2710</p>
Field Visit 1: Kali Code Walking Tour	Water and sanitation management and health challenges in a riverside community	☒ Develop an understanding of water, environmental and health issues in a riverside community.	<p><i>Required:</i> Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' <i>Water science and technology: a journal of the International Association on Water Pollution Research</i>, vol. 45, no. 11, pp 71-76.</p> <p><i>Optional:</i> Indraswara, H 2009, 'Water woes.' <i>Inside Indonesia</i> [cited 2018 Jan 10]. Available from: http://www.insideindonesia.org/water-woes?</p>
Seminar C: Communicable Diseases (DHF and Malaria Outbreak)	DHF and Malaria burden in Indonesia	☒ Develop an understanding of the burden of DHF and malaria in Indonesia and prevention and intervention measures of these diseases.	<p><i>Required:</i> Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study.' <i>International Journal of Health Geographics</i>, vol. 15, no. 13.</p> <p>Wijayanti, S, Sunaryo, S, Suprihatin, S, McFarlane, M, Rainey, S, Dietrich, et al 2016, 'Dengue in Java, Indonesia: Relevance of Mosquito Indices as Risk Predictors.' <i>PLoS Negl Trop Dis</i>, vol. 10, no. 3.</p> <p><i>Optional:</i> Karyanti, M, Uiterwaal, C, Kusraistuti, R, et al 2014, 'The changing incidence of Dengue Haemorrhagic Fever in Indonesia: a 45-year registry-based analysis.' <i>BMC Infectious Diseases</i>, vol. 14.</p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar D: Disaster Management in Indonesia	Disaster Management in Indonesia	<input checked="" type="checkbox"/> Develop an understanding of Disaster Management in Indonesia	Required Jibiki, Y, Pelupessy, D, Susilowati, I, et al 2018, 'Exploring Community Preparedness for Complex Disaster: A Case Study in Cilegon (Banten Province in Indonesia)' in International Conference of Occupational Health and Safety (ICOHS-2017), KnE Life Sciences, pages 237–249. DOI 10.18502/kls.v4i5.2556 Lestari, F, Pelupessy, D, Jibki, Y, et al. 'Analysis on Complexity in Natech Disaster Risk Reduction and Management: The case study of Cilegon, Indonesia'
Field Visit 2: Eliminate Dengue Project	Eliminate Dengue Project site visit, the impact of the project	<input checked="" type="checkbox"/> Develop an understanding of novel approaches to eliminating dengue fever in Indonesia.	Required: Tantowijoyo W, Arguni E, Johnson, P, et al 2016, 'Spatial and Temporal Variation in Aedes aegypti and Aedes albopictus (Diptera: Culicidae) Numbers in the Yogyakarta Area of Java, Indonesia, With Implications for Wolbachia Releases.' <i>Journal of Medical Entomology</i> . vol. 53, no.1, pp: 188-198.
Field Visit 3a: Puskesmas (Community Health Centre)	Public Health prevention and promotion activities in <i>puskesmas</i>	<input checked="" type="checkbox"/> Develop an understanding of the role of <i>puskesmas</i> in providing health promotion, prevention, and treatment services.	Required: Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' <i>BMC International Health and Human Rights</i> , vol. 10, no. 3 [cited 2018 June 04]. Available from: http://bmcinthealthhumanrights.biomedcentral.com/articles/10.1186/1472-698X-10-3 Optional: Belton, S, Myers, B, & Ngana, F 2014, 'Maternal deaths in eastern Indonesia: 20 years and still walking: an ethnographic study.' <i>BMC Pregnancy and Childbirth</i> , vol. 14, no. 39.
Field Visit 3b: Posyandu	Maternal and child health in rural area	<input checked="" type="checkbox"/> Develop an understanding of the role of community participation in the delivery of maternal and child health services in rural areas.	Required: Nazri, C, Yamazaki, C, Kameo, S, et al 2015, 'Factors influencing mother's participation in Posyandu for improving nutritional status of children under-five in Aceh Utara district, Aceh province, Indonesia.' <i>BMC Public Health</i> [cited 2018 Jan 10]. Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4724156/pdf/12889_2016_Article_2732.pdf Optional: UNICEF 2013, Water, Sanitation and Hygiene in Primary Schools in South-East Asian Countries [cited 2018 Jan 10]. Country Profile: Republic of Indonesia. p. 43-47. Available from: http://www.unicef.org/eapro/WashinSchools_Edu_24Dec13.pdf
Seminar E: Abortion, Gender Based Violence and sexual and reproductive health issues among LGBTQs in Indonesia	Abortion and other reproductive health challenges and responses	<input checked="" type="checkbox"/> Develop an understanding of the magnitude of the issues on abortion, gender based violence, and sexual and reproductive health issues including stigma and discriminations on LGBTQs in Indonesia.	Required: Astuti, D, Hidayat, A, Humaira, R, Widyastari, D, & Sinaga, D 2017. 'Accessibility to Media and Its Relation to Stigmatization toward Lesbian-Gay-Bisexual and Transgender (LGBT) Individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' <i>Journal of Health Research</i> , vol. 31, no 4, pp: 263-269. Surjadjaja, C, & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' <i>Health Policy and Planning</i> , vol. 26, no. 5, pp: 373-384.
Field Visit 4: YAKKUM Rehabilitation Centre	Mental health and disability challenges	<input checked="" type="checkbox"/> Develop an understanding of the role of community-based organisations in responding to mental health and disability challenges in rural areas.	Required: Tampubolon, G, & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' <i>Social Science & Medicine</i> , vol. 106, pp: 20-27.

Activity	Topic	Objective/ Learning outcome	Readings
Seminar F: Indonesian Health Development Strategy	Public Health in Indonesia, National Health Development Strategy	☒ Develop an understanding of health development strategies employed within Indonesia's health system, and the role of international partners.	<p><i>Required:</i> Ministry of Health of the Republic of Indonesia 2016. <i>Indonesia Health Profile 2015</i> [cited 2018 June 04]. Available from: http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/indonesian%20health%20profile%202015.pdf</p> <p><i>Optional:</i> Australian Government, Department of Foreign Affairs and Trade (DFAT) 2015, <i>Aid Investment Plan Indonesia: 2015-16 to 2018-19: Strategic priorities and rationale</i> [cited 2018 June 04]. Available from: http://dfat.gov.au/about-us/publications/Pages/aid-investment-plan-aip-indonesia-2015-16-to-2018-19.aspx</p> <p>Whitelum, B 2018, <i>Independent Progress Review KOMPAK: Australia Indonesia Partnership for Decentralized Basic Service Delivery</i> [cited 2018 June 04]. Available from: http://dfat.gov.au/about-us/publications/Documents/kompak-independent-progress-review.pdf</p>
Seminar G: Sexual and Reproductive Health	Reproductive health and family planning policy; Adolescent reproductive health; Family Planning in Indonesia	☒ Develop an understanding of family planning and reproductive health issues.	<p><i>Required:</i> Budiharsana, M 2017, 'Contraceptive Services Available to Unmarried Sexually Active Adolescents.' <i>Makara Journal of Health Research</i>, vol. 21, no. 2.</p> <p>The Government of Indonesia 2017, <i>Family Planning 2020 Commitment</i> [cited 2018 June 04]. Available from: http://www.familyplanning2020.org/entities/59</p>
Field Visit 5: Health Related Primary Care	Health related primary care in the community level	☒ Develop an understanding of family planning and reproductive health issues in Indonesia.	The readings are the same as Seminar G (Sexual and Reproductive Health).
Seminar H: Communicable (HIV,TB, and Neglected tropical disease)	HIV, Tuberculosis, and Neglected Tropical Diseases in Indonesia	☒ Develop an understanding of the burden of HIV, TB, and Neglected Tropical Disease in Indonesia and interventions targeted to address the issues	<p><i>Required:</i> Ministry of Health Republic of Indonesia 2011. <i>IBBS 2011 - Integrated Biological and Behavioral Survey</i> [cited 2018 June 04]. Available from: http://www.aidsdatahub.org/ibbs-2011-integrated-biological-and-behavioral-survey-ministry-of-health-republic-of-indonesia</p> <p>Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of community led Tuberculosis program in Flores, Indonesia.' <i>BMC Public Health</i>, vol. 16.</p> <p>Tri Wibawa and Tri Baskoro Tunggal Satoto, "Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era," <i>Journal of Tropical Medicine</i>, vol. 2016, Article ID 5716785, 9 pages, 2016. https://doi.org/10.1155/2016/5716785.</p>
Seminar I: Nutrition and Food Safety	Burden of malnutrition in Indonesia and food safety issues	☒ Develop an understanding of the burden of malnutrition in Indonesia and issues with food safety.	<p><i>Required:</i> Torlesse, H, Cronin, A, Sebayang, S, & Nandy, R 2016, 'Determinants of stunting in Indonesian children: evidence from a cross-sectional survey indicate a prominent role for the water, sanitation and hygiene sector in stunting reduction.' <i>BMC Public Health</i>, vol. 16.</p> <p>A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia. <i>Epidemiol Infect</i> 2004;132:863-72</p> <p><i>Optional:</i> Shrimpton, R, & Rokx, C 2013, 'The double burden of malnutrition in Indonesia.' <i>World Bank Jakarta</i></p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar J: Non Communicable Diseases	Non-communicable diseases in Indonesia, including Tobacco control	<input checked="" type="checkbox"/> Develop an understanding of trends in non-communicable diseases in Indonesia and preventative approaches; including the tobacco control movement.	Required: Krishnan, A, Ekowati, R, Baridalyne, N, et al 2011, 'Evaluation of community-based interventions for non-communicable diseases: experiences from India and Indonesia.' <i>Health Promot International</i> , vol. 26, no. 3, pp: 276-289. Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' <i>ScienceDirect: Preventative Medicine</i> , vol. 47.
Field Visit 6: Public Hospital	Hospital programs and activities in treatment and prevention	<input checked="" type="checkbox"/> Develop an understanding of the role of public hospitals as health prevention and treatment providers.	Required: Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015, 'Strategic hospital services quality analysis in Indonesia.' <i>Expert Systems with Applications</i> , vol. 42, no. 6, pp: 3067-3078.

Appendix III: PHST Group Discussions & Presentations

Activity	Topic	Strategies
Small group discussions following Seminar B: General Overview of Indonesia's Public Health System	Health systems in Indonesia	Students will be split into groups to discuss the challenges the health system in Indonesia might face in an era of decentralisation, and provide recommendations on how to overcome these challenges.
Small group discussions following Seminar C: Communicable Diseases: DHF and Malaria	DHF and Malaria prevention and response in rural settings	Students will be split into groups to discuss trends in DHF and malaria in rural settings in Indonesia and prevention efforts to overcome the health challenges posed by these diseases.
Small group discussions following Seminar D: Disaster Management in Indonesia	Disaster Management in Indonesia	Students will be split into groups to discuss Disaster Management in Indonesia.
Small group discussions following Seminar E: Abortion, Gender Based Violence and sexual and reproductive health issues among LGBTQs	Abortion, Gender Based Violence and LGBTQs challenges	Students will have Q&A sessions to discuss reproductive health challenges in Indonesia, particularly on abortion, Gender Based Violence, and sexual and reproductive health issues including stigma and discriminations on LGBTQs in Indonesia.
Final student presentations and future recommendations	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will be split into small groups. Each group will need to choose a specific topic related to public health to present on, from the following list:</p> <ul style="list-style-type: none"> Abortion Malaria DHF Gender-based Health Issues Maternal and Child Health <p>Students will present their findings from their observations in the community and their recommendations for the future. The PHST Tour Leader will assess this component of the tour.</p>

Activity	Topic	Strategies
Small group discussions following Seminar F: Indonesian Health Development Strategy	Indonesian Health Development Strategy	Students will be split into groups to discuss neational health development strategies.
Small group discussions following Seminar G: Sexual and Reproductive Health	Family Planning and Reproductive Health	Students will be split into groups to discuss trends in reproductive health and family planning issues and interventions to overcome it.
Small group discussions following Seminar H: Communicable Diseases	HIV and Tuberculosis	Students will be split into groups to discuss he burden and public health interventions which relate to HIV and TB.
Small group discussions following Seminar I: Nutrition and Food Safety	Nutrition and Food Safety challenges.	Students will be split into groups to discuss the challenges of malnutrition in Indonesia and food safety.
Small group discussions following Seminar J: Non-Communicable Diseases	Non-Communicable Diseases in Indonesia: Tobacco Control	Students will be split into groups to discuss the current situation in Indonesia and public health interventions with respect to non-communicable diseases (including discussion of tobacco control programs in Indonesia).
Final Student Presentations with Indonesian Students	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will complete a collaborative exercise with undergraduate students from Universitas Indonesia (UI) regarding urban health issues as well as national health issues in Indonesia. The students will form groups and discuss aspects of one of the specific topics covered in the seminars during the tour, for example:</p> <ul style="list-style-type: none"> Indonesia Health Profile Reproductive Health Communicable & Non-communicable Diseases Nutrition & Food Safety Public Hospital/Community Health Centre <p>Students will give a brief presentation about a specific topic (to be assigned by UI lecturers). Lecturers from UI and the PHST Tour Leader will assess this component of the tour.</p>

Appendix IV: PHST Reflective Journal

Reflective Journal Instructions

Pre-departure Reflection

One page summarising your goals for the tour:

- Describe your current knowledge of Indonesia's key health issues and systems.
- What would you describe as the key current Public Health issues in Indonesia?
- What do you hope to learn through the PHST? Please outline your expectations.
- Please list three academic and three personal goals you hope to achieve through this tour.
- Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?
- Do you anticipate any other issues which may arise on the tour (academic or otherwise)?
- How would you plan to mitigate these issues, should they arise?

Mid-Tour Reflections

Reflections on tour activities – some sample questions to ask yourself might include:

- What key issues have you examined through this week's activities?
- What are you learning? How does this reflect one (or more) of your required readings?
- What observations can you make regarding the health challenges facing Indonesia? How do your observations from the first week of the tour compare with your thoughts about Indonesia's health systems before you started the program?
- Did you face any challenges during the first week of the tour? How did you overcome them?
- Did you develop any new skills?
- What was your key learning outcome from the first week of the tour?
- Any other comments?

Final Reflection

One page summarising the tour:

- What was your most significant learning outcome from this program? Describe the PHST: Did it meet your expectations? Was it different from how you thought it would be?
- Did you achieve the academic and personal goals you set for yourself?
- What were the highlights of the tour? How does this reflect one (or more) of your required readings? Did you develop any important skills that you will use in your future?
- What do you know now about public health issues in Indonesia that you didn't know before? How do you think the social determinants of health relates to these issues?
- What observations can you make on public health system in Indonesia?
- What would you describe as issues in health promotion, public health planning, implementation and evaluation in Indonesia
- Did you face any challenges in cross-cultural communication and cross-cultural teamwork? How did you overcome them?
- Any other comments/observations?

Reflective Journal Template

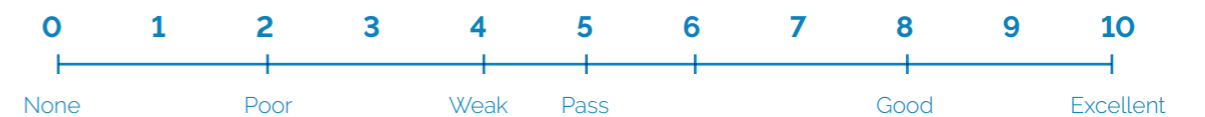
Question	Answer
Describe your current knowledge of Indonesia's key health issues and systems.	
What would you describe as the key current Public Health issues in Indonesia?	
What do you hope to learn through the PHST? Please outline your expectations.	
Please list three academic and three personal goals you hope to achieve through this tour.	
Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?	
Do you anticipate any other issues which may arise on the tour (academic or otherwise)?	
How would you plan to mitigate these issues, should they arise?	

Appendix V: Marking Rubrics

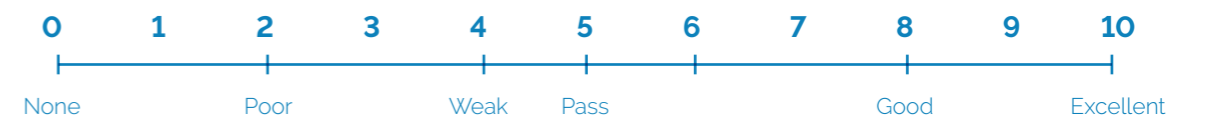
Assesment Item 1 - Seminar Series

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 30% of total program assessment)

1. **Attendance:** Student consistently attended seminars.



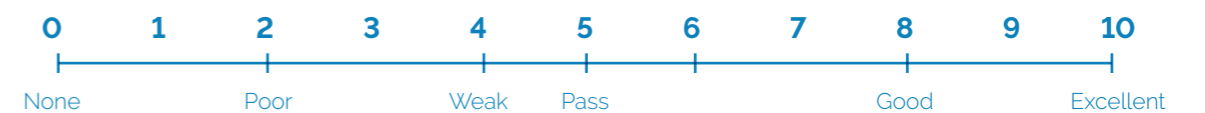
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.



3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set seminar readings and evidence of critical engagement with texts.



4. **Level of Communication Skills:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others within a seminar context.



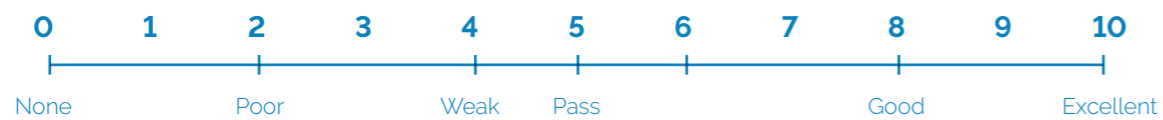
5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply seminar readings to experiences and observations drawn from the program as a whole.



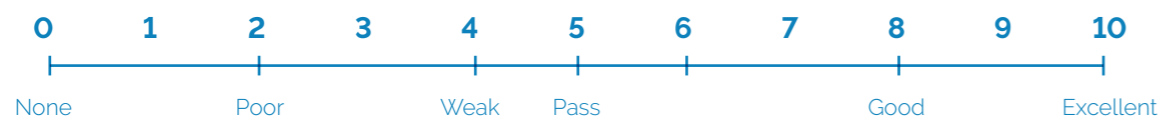
Assesment Item 2 - Field Trips

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 25% of total program assessment)

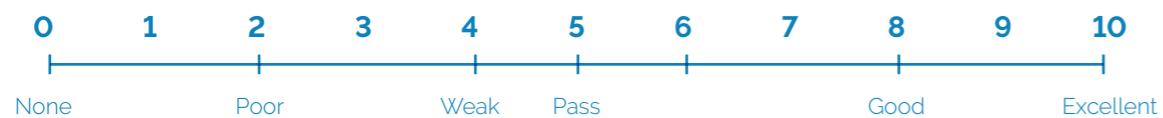
1. **Attendance:** Student consistently attended field trips.



2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussions with ideas.



3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set field trip readings and evidence of critical engagement with texts.



4. **Level of Communication:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others.



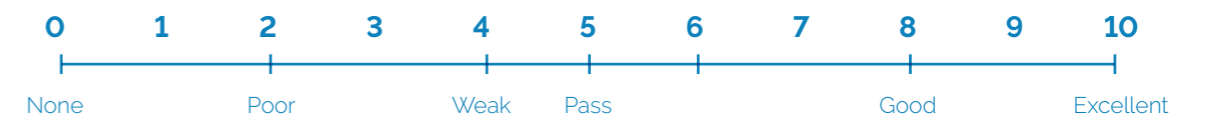
5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply set readings to experiences and observations drawn from field trips.



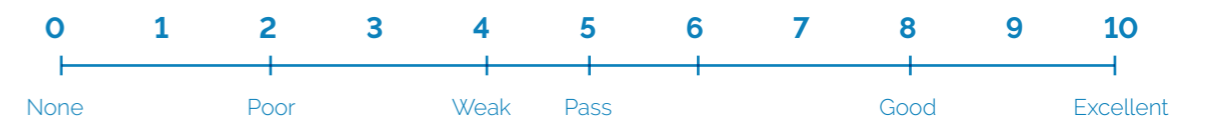
Assesment Item 3 - Group Discussion and Presentations

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 25% of total program assessment)

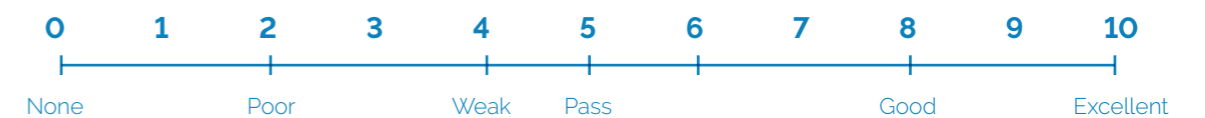
1. **Intercultural Skills:** Student demonstrates sound cross-cultural communication skills and cross-cultural teamwork behaviours in the discussions.



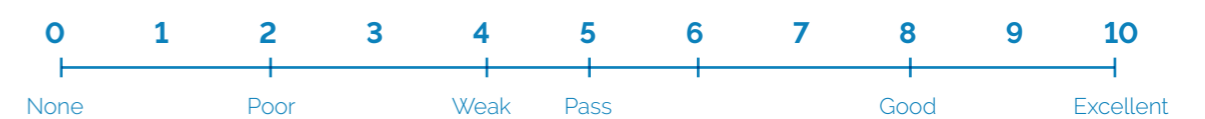
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.



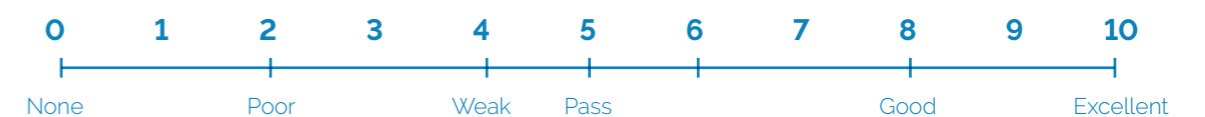
3. **Academic Content:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.



4. **Level of Communication Skills:** Student can describe clearly the key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.



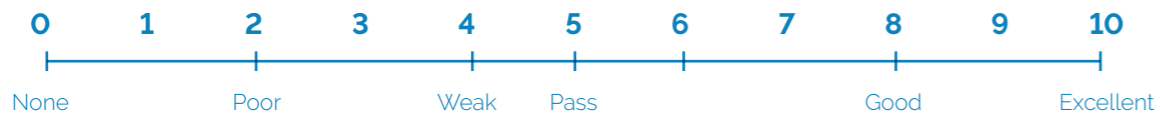
5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.



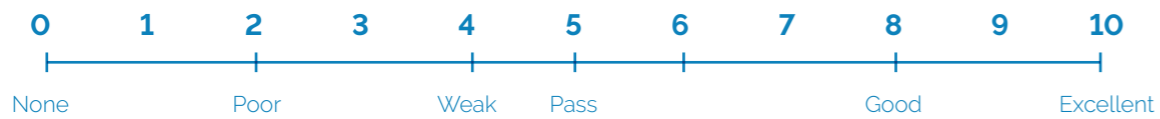
PHST Reflective Journal

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 20% of total program assessment)

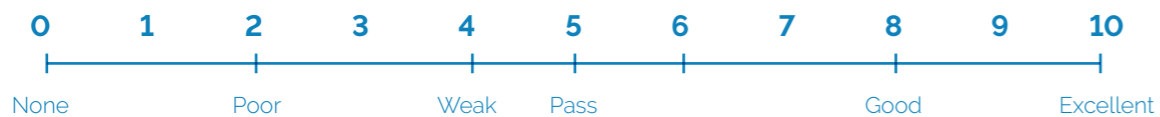
1. **Reflexive Practice:** Student demonstrates ability to critically analyse and describe this international field experience and its impact on their own learning and development.



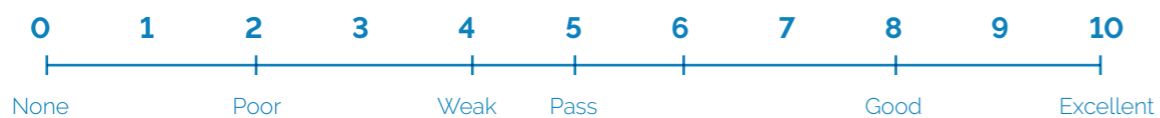
2. **Integration of Experiences and Learning:** Student demonstrates familiarity with set course readings, evidence of critical engagement with texts and ability to apply these readings in experiences on the tour.



3. **Understanding of Key Topics:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.



4. **Development of Skills:** Student can identify key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.



5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.



ACICIS Public Health Study Tour Indonesian Partner University



ACICIS Member Universities



Acknowledgements

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The New Colombo Plan is a signature initiative of the Australian Government which aims to lift knowledge of the Indo-Pacific in Australia by supporting Australian undergraduates to study and undertake professional experiences in the region. For more information on the New Colombo Plan, please visit: www.dfat.gov.au/new-colombo-plan

ACICIS is gratefully hosted by The University of Western Australia (UWA), one of Australia's leading teaching, learning and research universities. From its heritage riverside campus in Perth, UWA is consistently ranked in the top 100 universities in the world and is a national leader in student demand, graduate starting salaries, research grants and more.

ACICIS is gratefully hosted by

